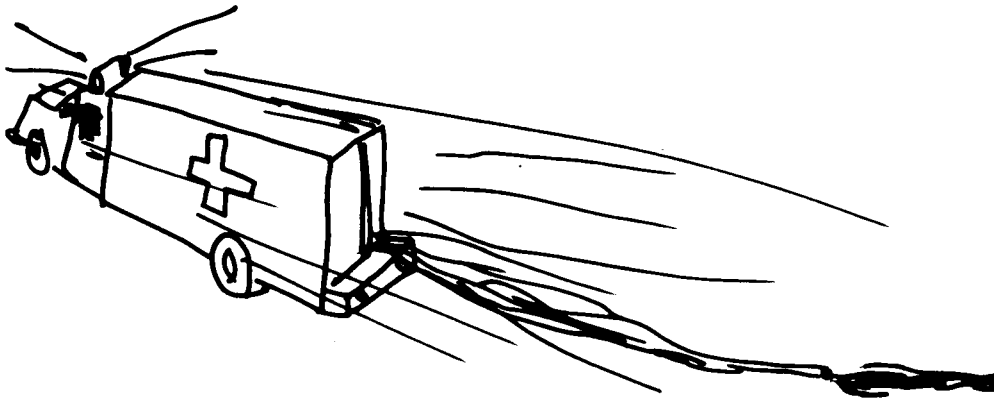
David figures he has about 320 ideas a day, but at least 75 percent of these ideas get interrupted — either by his sister, his other sister, his other sister, his mom, the telephone, etc. Of the interrupted ideas, ⅓ return later.

According to these estimates, how many ideas does David lose every day?

Interruptions

There are 2,451 air miles between New York and Los Angeles. There are 62,000 miles of blood vessels in your body.

If you stood in New York and stretched your blood vessels all the way to Los Angeles and then back again to New York and then to Los Angeles and so on, would you finish closer to New York or to Los Angeles?



Blood vessel stretch