

# How to Play



## How to Play FamilyTimeFun with Your Family

FamilyTimeFun games are quick, simple and fun. Each game takes just a few minutes to play. Best of all, everyone enjoys them – kids and parents alike.

Just sit down to dinner, pick a card, read it aloud and begin the fun!

While the games are designed for families with kids from 5 – 12, you may want to change some games slightly so that they are easier or more challenging depending on the ages of your children (*see suggestions on game cards*).

The games are stacked randomly. You can play them in order, from 1 – 51, or you can simply pick out a card. *The cards are color-coded for your reference:*

- Numbers & Math Games
- Social Skill Games
- Silly Games
- Phonics & Vocabulary Games
- Creative & Critical Thinking Games
- Memory Games

# Benefits



## **The Benefits of Playing FamilyTimeFun Games**

- 1. Adds fun to dinner.**
- 2. Opens kids up to conversation.**
- 3. Breaks up dinnertime routine.**
- 4. Encourages kids to eat their veggies and drink their milk.**

*FamilyTimeFun games are meant as wholesome fun. Remember to be careful of yourself and others when using drinking glasses, utensils, food or other objects around the kitchen during these games. Adult supervision and participation is encouraged.*